

HAWTHORN ST.

EARLY LEARNING CENTRE

Newsletter – July 2024

We are delighted to welcome you to our latest newsletter and extend our heartfelt thanks to everyone who attended our recent Park Playdate and Portfolio Night. Your presence and participation made these events truly special and memorable.

The Park Playdate was a wonderful opportunity for staff and families to connect in a relaxed and enjoyable setting. Watching the children play and seeing the community come together was heartwarming. Your support and involvement are what make our Hawthorn Street family so strong and vibrant.

Portfolio Night was equally successful, showcasing the incredible progress and achievements of our little learners. It was a joy to share these milestones with you and celebrate the hard work and growth of your children. Your engagement and encouragement mean the world to us and your children.

Thank you once again for your continued support and active participation in our events. Together, we create a nurturing and dynamic environment where our children can thrive.

Your Feedback is Essential: We greatly appreciate your feedback and suggestions, as they help us continually improve. We also love the family feedback and photos shared on our Facebook page, showcasing your weekend adventures. This input enhances our ability to enrich the learning experiences of our children.

Open Door Policy: Remember that our doors are always open for you. If you ever have questions, concerns, or simply want to chat, please don't hesitate to contact us, or drop by for a visit.

Thank you for entrusting us with the privilege of caring for and nurturing your child. We look forward to a month filled with warmth, learning, and the joy of watching your children flourish.

Warm regards,

Claire Hayward
Nominated Supervisor
Hawthorn Street Early Learning Centre

Upcoming Events and Reminders –

Save the Dates

Park play dates: Connect & Enjoy!

Saturday 21st September.

Portfolio nights: Discover Your Child's Progress

Tuesday 24th September

Children's Christmas Party: Friday 29th November 2023, 6:15pm.

Preschool Graduation: Thursday 12th December

School Photos: Week of 19th August



School photos are coming up soon! You can place your order now by following this link.

[Childcare Photos 2024](#)

Any enquiries please email Madds:
hello@snapsbymadds.com



Preschool practicing their skipping skills

Importance of Physical Activity in Line with Quality Area 1 of the National Quality Standard (NQS)

Physical activity is a critical component of early childhood education, aligning perfectly with Quality Area 1 of the National Quality Standard (NQS), which

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focuses on Educational Program and Practice. This area emphasises the importance of delivering an educational program that fosters children's development and well-being through engaging, stimulating, and inclusive practices.

Enhancing Physical Development

Regular physical activity supports children's gross and fine motor skills, essential for their overall physical development. Activities like running, jumping, climbing, and playing ball games help build strength, coordination, and balance. These skills are foundational for children's ability to perform everyday tasks and participate in more complex physical activities as they grow.

Promoting Cognitive and Social Skills

Incorporating physical activity into the educational program also promotes cognitive development. Physical play encourages problem-solving, decision-making, and spatial awareness. Additionally, group activities and games foster social skills, teaching children cooperation, communication, and teamwork. These experiences are crucial for their emotional and social development.

Supporting Emotional Well-being

Physical activity is not only about physical health; it also significantly impacts emotional well-being. Engaging in active play helps children manage stress, express emotions, and build self-esteem. It provides a healthy outlet for energy and promotes a positive mood, contributing to a happy and resilient mindset.

Inclusive and Adaptable Practices

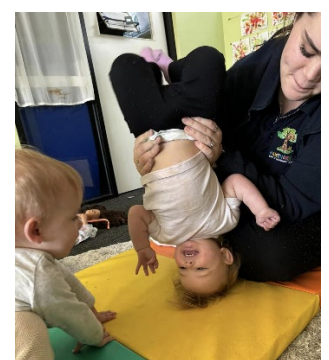
Quality Area 1 of the NQS highlights the need for inclusive and adaptable educational practices. Physical activity can be tailored to meet the diverse needs and abilities of all children, ensuring everyone can participate and benefit. By offering a variety of activities, educators can create an inclusive environment where every child feels valued and capable.

Integration into Daily Routines

Integrating physical activity into the daily routine of early learning centres ensures that it becomes a consistent and valued part of children's lives.

Structured activities, free play, and outdoor exploration should all be included in the program. This approach helps children develop a lifelong appreciation for physical activity and its benefits.

Physical activity is an essential element of the educational program at early learning centres, aligning with Quality Area 1 of the NQS. By prioritising physical development, cognitive growth, social skills, emotional well-being, and inclusivity, educators can create a comprehensive and enriching learning environment that supports the holistic development of every child.



The school holidays are fast approaching. Take a look at our July holiday events calendar.

8 Silly Socks Come wearing your silly socks today	9 Crazy Hair Day Get creative with a crazy hair style	10 Pj's and a Movie Wear your comfiest pair of pj's and be ready for a movie	11 Cooking Day Be ready to put on your chef's hat and get creative baking	12 Lets get Messy Get ready for a day filled with lots of messy play and sensory activities
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22	23	24	25	26

Warm Regards

Claire Hayward